





## Silicon Valley Eagles Youth Soccer

## Returning to Play Guidelines and Social Distancing Protocol

We Club administrators, coaches, players, officials and parents agreed with the importance of complying with the returning to play Guidelines. It is very important we do our part in mitigating the spread of COVID-19 to other people around us in the city of San Jose and in the Greater Bay area:

- **1.** Social Distancing should be followed. Coaches should designate space for each player to maintain six foot spacing.
- 2. Coaches and players present at the field/facility training must wear facemasks at all times. Players may remove their masks during water breaks and should maintain six foot spacing.
- 3. Parents/Guardians remaining at the field or training facility should maintain six foot spacing.
- **4.** No additional spectators are permitted.
- **5.** No indoor activities are allowed by the club at this time.
- **6.** No-Touch rule is in effect. All individuals (players and coaches) must avoid physical contact with others including high fives or other close contact occurring before, during, and after training, unless the contact is for the purpose of safety.
- **7.** No congregation should occur before or after training or practice session.
- **8.** Coaches, players, parents/guardians must do a self-symptom check before going to training session or practice. Anyone experiencing symptoms must stay home. Per the CDC, symptoms include fever, cough, shortness of breath or difficult breathing, chills, muscle pain, headaches, sore throat and new loss of taste or smell.
- **9.** Teams must ensure that practice fields and facilities have adequate space for social distancing on and off the field of play.
- **10.** Time should be allotted between sessions to allow teams to exit fields/facilities prior to new teams arriving.







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- **11.** Equipment and items related to the activity must be sanitized before, during and after every event. If equipment cannot be sanitized during the activity, only participants of a single team must use equipment and items related to the activity and other teams participants avoid touching that equipment.
- **12.** Team managers and coaches must bring a sanitizing station to each training session that includes, hand sanitizers, disinfecting wipes, free cloth masks, soaps, and gloves.
- **13.** Planning training space: Coaches must ensure appropriate training space to allow for social distancing measures and ability to meet mandatory social distance protocol and guidelines. Teams should have own training spaces that limit interaction with other teams.
- **14.** Have designated side-line space for each athlete to keep their soccer gear and water bottle with six foot between adjacent player areas. No communal water coolers.
- **15.** Athletes are recommended to travel to and from the facility training/field only with member(s) of their immediate household where possible.

I HAVE READ THIS RETURNING TO PLAY GUIDELINES AND THE HEALTH PROTOCOL, FULLY UNDERSTAND ITS TERMS, UNDERSTAND THAT I, ON BEHALF OF MY CHILD AND MYSELF, HAVE GIVEN UP SUBSTANTIAL RIGHTS BY SIGNING IT, AND SIGN FREELY AND VOLUNTARILY WITHOUT ANY INDUCEMENT.

Date:	
Player Full Name:	
Parent / Guardian Full Name:	
Parent / Guardian Signature:	